



# Sexual Health Education Instructional Materials Review

## Get Real – High School

**Year Published:** 2014

**Publisher:** ETR Associates; **Developer:** Planned Parenthood League of Massachusetts

**Website:** [www.etr.org/pub](http://www.etr.org/pub)

**Full or Supplemental:** Full

**Grade Level:** High School (recommended to be used after Get Real middle school program)

**Student Population:** General

**Duration/Number of Lessons:** 8 sequential 45-minute lessons, plus 3 optional lessons

**Evidence-Based - CDC or HHS/OAH registry; National Campaign database; ETR database:** Middle school version is evidence-based, CDC/OAH RECAPP databases

**Healthy Youth Act Compliance:** Yes

**AIDS Omnibus Act Compliance:** Yes

**National Standards Alignment:** Yes

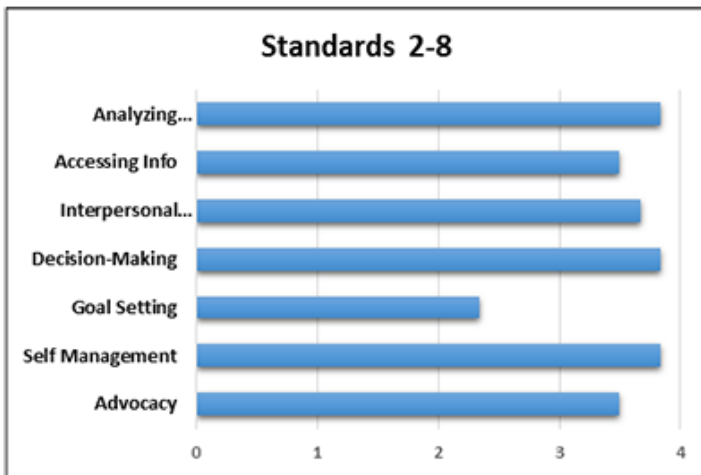
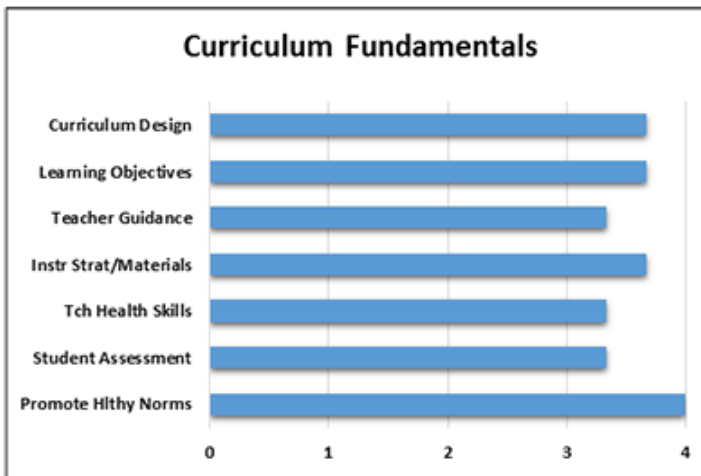
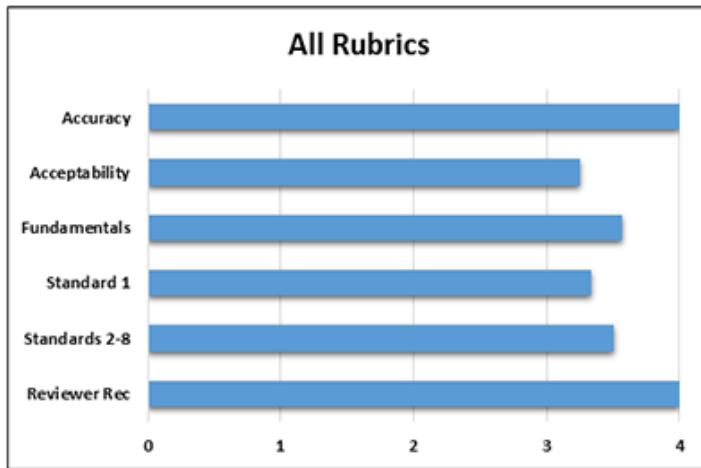
**Format and Features:** 3-ring binder plus student workbook

**Professional Development:** Available, not required; teacher's guide for each grade included

### PRIMARY TOPICAL AREAS

- Anatomy and Physiology
- Puberty/Adolescent Development
- Pregnancy & Reproduction
- Contraception
- Abstinence
- STD Prevention
- HIV Prevention
- Identity/Orientation
- Healthy relationships
- Other
  - Abortion
  - Access to Services
  - Character Building
  - Condom Use
  - Human Rights
  - Infant Care Simulation
  - Marriage and Parenthood
  - Refusal Skills
  - Sex Trafficking

## OVERALL RATINGS



## REVIEWERS' COMMENTS

### Review 1

#### Rev ID 13

One concern could be that the curriculum was created by ETR (Education, Training, and Research) and Planned Parenthood. I think from a teaching standpoint making it known from the beginning that the information being used would be in part created by Planned Parenthood would be important to disclose.

I think the materials are well done and I really didn't get a slant from Planned Parenthood with regards to them trying to push any agenda. I would definitely consider using this curriculum.

### Review 2

#### Rev ID 18

I thought this was a GREAT curriculum and one that I would use in my high school classes. In fact, there were several sections that I will be "stealing" from to update some of what I am doing.

The beginning of the resource includes a section that has "Impact Evaluation Results." I was impressed with this and found it interesting to see the affects the curriculum has had on teen sexual behaviors.

I was also appreciative that there is a section on "Male responsibility for pregnancy prevention." I think this is an important angle considering the overwhelming burden for contraception on the side of females.

The list of National Standards at the beginning of each unit is a great support.

The diagrams for reproductive organs are well done and the matching exercises for students are also helpful.

I also love the "Talking points" for teachers that are available throughout.

This curriculum gets my stamp of approval!

### Review 3

#### Rev ID 20

Requires "Get Real" teacher training by Planned Parenthood League of Mass. or ETR, or a certified "Get Real" replication partner.

No pictures of youth beyond the front cover. This helps keep materials looking current as photos date the curriculum, but also does not reflect very diverse populations, as those represented appear white.

Slightly confusing layout of student workbook.

Would to see explicit teacher information on how to answer values questions (protocol).

