



Sexual Health Education Instructional Materials Review

Making Proud Choices! School Edition

Year Published: 2014

Publisher: Select Media

Website: www.selectmedia.org

Full or Supplemental: Full

Grade Level: Middle School (ages 11-13)

Student Population: General (evaluated with African American youth)

Duration/Number of Lessons: 14 40-minute lessons/modules plus optional activities

Evidence-Based - CDC or HHS/OAH registry; National Campaign database; ETR database: Yes, CDC

Healthy Youth Act Compliance: With significant modification (see ratings and reviewer comments)

AIDS Omnibus Act Compliance: With significant modification (see ratings and reviewer comments)

National Standards Alignment: No

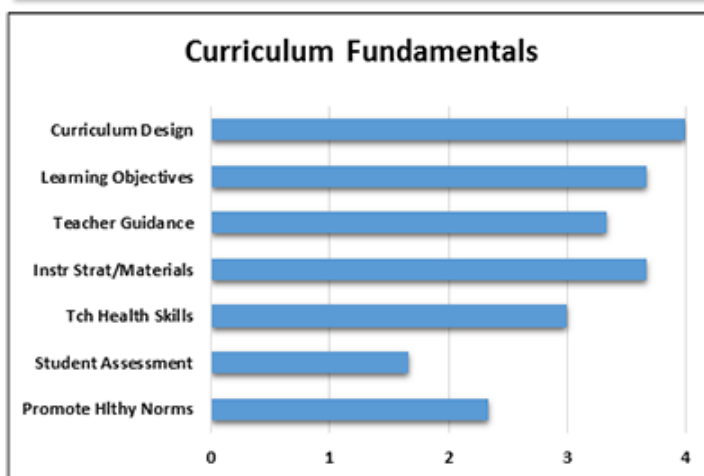
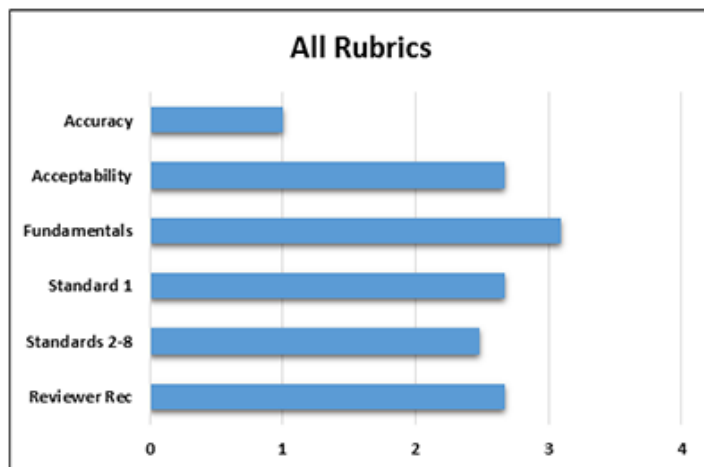
Format and Features: Facilitator curriculum, 6 DVDs, Student workbook, activity handouts, posters

Professional Development: Available, highly recommended by publisher

PRIMARY TOPICAL AREAS

- Anatomy and Physiology
- Puberty/Adolescent Development
- Pregnancy & Reproduction
- Contraception
- Abstinence
- STD Prevention
- HIV Prevention
- Identity/Orientation
- Healthy relationships
- Other
 - Abortion
 - Access to Services
 - Character Building
 - Condom Use
 - Human Rights
 - Infant Care Simulation
 - Marriage and Parenthood
 - Refusal Skills
 - Sex Trafficking

OVERALL RATINGS



REVIEWERS' COMMENTS

Review 1

Rev ID 12

It is encouraging to see such engaging youth-centered films that complement this strong curriculum!

Overall this would be a more inclusive curriculum if the resources (images, films, and most role-plays) incorporated portrayals of students regardless of sexual orientation. Almost all examples are hetero-normative.

Because one of the curriculum's strengths is the use of skill based role plays, a bit more guidance for teachers in role play set up, adaptation, facilitation, and debriefing techniques would be useful.

It is inspiring to see such a positive curriculum designed for inner city youth!

Review 2

Rev ID 13

I would definitely want to use this curriculum as many of the activities and worksheets are well designed and I think would be very beneficial. I think supplemental material would need to be added such as information on relationships, including the family, advocacy, and most importantly the emphasis of abstinence along with contraception.

Review 3

Rev ID 20

Box of materials is a bit cumbersome, but generally laid out well. Teacher guide, student workbook, posters, cards, DVDs all included.

Role plays seem realistic and use gender-neutral norms.

Consistent use of STOP. Decision-making model is good.

Some language assumes students are sexually active, example page 167 Condom Use: "Remember and practice these steps so that you can make the Proud Choice and use condoms every time you have sex." Yet pg. 169 states in a Facilitator's Note: "Remember that some of the young people may not be sexually active and for them, this discussion may not make much sense" and "Emphasize that you are not endorsing sexual activity among teenagers."

Very narrowly addresses HIV/STD, condom use, pregnancy. Does not address larger context emphasizing healthy relationships, communications skills, etc.

