



Sexual Health Education Instructional Materials Review

Rights, Respect, Responsibility (3Rs) Middle School

Year Published: 2015

Publisher: Advocates for Youth

Website: www.advocatesforyouth.org

Full or Supplemental: Full

Grade Level: K-12 (this page describes Grades 6-8)

Student Population: General

Duration/Number of Lessons: twenty-eight lessons (7-11 lessons per grade) that are forty to fifty (40-50) minutes each.

Format and Features: Online, free, teacher's guide, family homework activities, training available.

Evidence-based/informed: yes, evidence-informed

National Standards Alignment: Yes (National Sexuality Education Standards; covers all 16 "essential components" as recommended by the Centers for Disease Control.

Consistent with Healthy Youth Act? Yes

Consistent with AIDS Omnibus Act? Yes

Bias Free Materials: Yes

Primary Topical Areas (Check all that apply)

- | | |
|---|--|
| <input type="checkbox"/> Abortion | <input checked="" type="checkbox"/> HIV Prevention |
| <input checked="" type="checkbox"/> Abstinence | <input checked="" type="checkbox"/> Identity/Orientation |
| <input checked="" type="checkbox"/> Access to Services | <input checked="" type="checkbox"/> Online Safety |
| <input checked="" type="checkbox"/> Anatomy and Physiology | <input checked="" type="checkbox"/> Pregnancy & Reproduction |
| <input checked="" type="checkbox"/> Communication/Decision-making | <input checked="" type="checkbox"/> Puberty/Adolescent Development |
| <input checked="" type="checkbox"/> Condom Use | <input checked="" type="checkbox"/> Refusal Skills |
| <input checked="" type="checkbox"/> Consent | <input checked="" type="checkbox"/> STD Prevention |
| <input checked="" type="checkbox"/> Contraception | <input checked="" type="checkbox"/> Other |
| <input checked="" type="checkbox"/> Healthy relationships | |

Reviewer Comments:

Reviewer 10

Assessments are less in the form of pre-/post-test or quizzes but there are plenty of skill practice assignments like role-plays and small group or individual practice worksheets.

Was not able to find other languages available online.

Teachers in more conservative areas may need to adjust lessons or teaching strategies to avoid community push back for curriculum. For example, oral/anal/vaginal sex are defined in 6th grade lesson. Communication strategies might appeal more to dominant or middle/upper class culture.

Numerous examples of implicit and explicit inclusion of gender, race, or sexual orientation, but disability status was both not mentioned and some activities and discussions may not be accessible by students with disabilities, especially intellectual/developmental disabilities.

Inclusive for issues related to sexual orientation and gender identity: Several examples of explicit inclusion like explaining that an abuser / victim of relationship abuse can be any gender or using the phrase "person with a vulva" instead of girl/woman to include trans people. Flexible K-12 curriculum - can pick and choose lessons and there are lessons a district could adopt at all or many grade levels with similar tone and authorship for consistency across grades. Designed to be used sequentially, or in parts, depending on educator needs. This would be a great curriculum to use on its own, or to supplement other curricula that are less modern or do not cover all topics under comprehensive sexual health education. Family homework activities for all 6th, 7th and 8th lessons. Resources for educators at every grade level. Training recommended, but not required and available on request. Several recent videos and podcasts. This can be great multi-media teaching but requires teacher preview time and checks for broken or district firewalled links. Modern lessons about topics like pregnancy options including abortion and analyzing how teens communicate by text. Several examples of guidance for teachers where language may need to be adjusted based on community values and beliefs

Reviewer 16

Bias-free materials: character qualities of leadership, imagination, courage and integrity were not distributed and balanced between different races, ethnicities and disability status. The Curriculum Design was very effective in assisting the teacher by consistently providing guidance. Standards 2-8 Skill Practice Expectations had more attention placed on knowledge than on having the students demonstrating the ability to advocate. Curriculum Design-Materials are available in Spanish.

Reviewer 21

Still uses "male" and "female" in reference to condoms - would like to see a shift to "internal" and "external" condoms instead. I would really like to see sexting talked about in the text message lesson, not just miscommunication. This curriculum felt relevant to the world today. I am concerned about the lessons feeling outdated quickly. I would love to see this curriculum available in other languages.