

Comprehensive Sexual Health Education Instructional Materials Review 2022

Amor del Bueno

Year Published/Revised: 2020

Publisher: One Love Foundation

Website: <https://www.joinonelove.org/>

Full or Supplemental: Supplemental

Grade Level: High School (grades 9-12)

Student Population: General

Duration/Number of Lessons: Video, 15 minutes; full lesson 50 min.

Format and Features: Video, discussion guide.

Available in Multiple Languages: Mixed English/Spanish product with subtitles as needed

Evidence-based/informed: Not indicated

National Standards Alignment: Not indicated

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
 - HIV/AIDS Prevention
 - Pregnancy Prevention
 - STD Prevention
 - Health Care and Prevention Resources
- Healthy Relationships (general)
 - Affirmative Consent
 - Bystander Training
 - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - The development of meaningful relationships and avoidance of exploitative relationships
 - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Accuracy

Reviewer 223

No medical/scientific errors noted.

Reviewer 224

The statistics at the end of the film should be clearly cited, either in a video description or in the film. Otherwise, the focus of this video is about relationships and consent with no medical/scientific inaccuracies.

Supplemental

Reviewer 205

Amor del Bueno could be used as a helpful tool to discuss healthy/non healthy relationships. The video is an engaging and interesting look into a situation/perspective that some students may not be familiar with. It is important that a material used in a classroom can represent different demographics of students and families. This material may be sensitive, and I would



include a trigger warning regarding domestic abuse/violence. I am guessing that the publisher intended for this material to be used in a classroom that has predominately Latinx/Hispanic students. It's important to represent realistic relationships within any culture but I worry that if this video was shown to a class with a majority of white students that it could perpetuate harmful stereotypes.

Reviewer 206

This video focuses on a heterosexual, Latinx couple. There is no representation of diverse identities, abilities, or relationship structures. One Love acknowledges this in the discussion guide and suggests that the material is designed to be a conversation starter on the topic. This could also be a triggering experience for students who have experience domestic violence situations.

Reviewer 213

This video does a good job of showing multiple signs of relationship abuse. It is tailored to the Latino/Latina community but could be shown to any group. All relationships shown are heteronormative, the focus being on only one relationship. It does a good job of depicting emotional abuse especially the manipulative and controlling aspects. It is 15 minutes long which is a bit extensive for the content it covers. There is a discussion guide that pairs with the video to help stem conversation in the classroom.

Reviewer 214

I thought this material was incredibly impactful. The point was very clear. It shows some of the "red flags" associated with unhealthy relationships that young people, especially, can confuse with intimacy, caring, and affection. I also appreciate that even though it shows a heterosexual couple, the discussion guide includes a teacher "blurb" about how this can affect any couple, not just young heterosexuals.

Reviewer 220

While the main characters are Latinx, emphasis in the discussion is given to the fact that these behaviors happen to all kinds of people, and the film does not tie the behavior to their cultural or gender identities. The film appears well-budgeted, and the characters believable. Discussions cover how consent violations are tied to abusive behaviors, what affirmative consent looks like, and how to intervene safely as both a bystander and as a friend. This is a good starting point for discussions around consent but should not be the only discussion of it.

The discussion addresses how different cultural identities can influence unhealthy relationship behaviors, with particular attention to LGBTQ+ relationships; however, no mention is given towards relationships involving people with disabilities, which is unfortunate given their risk factors for being exploited. The activity is primarily discussion-based, with thoughtful discussion questions, which has potential advantages in terms of engaging more students if



facilitated well, but leaves little space for less verbal students to participate or demonstrate understanding. More emphasis on how to set up a safe, trauma-informed space could be given.

Reviewer 222

The video presents an engaging and very realistic depiction of teen dating, communication, and intimate partner violence. The discussion guide provides excellent guidance on how to offer a content warning and how to facilitate an inclusive and student-centered conversation. The discussion guide is comprehensive and well-structured, and any teacher with this resource should be able to facilitate a productive conversation that meets the learning objectives.

In the discussion guide, there are a few examples of language geared toward inclusivity that unintentionally reinforce stigma. For example, referring to someone's "level of ability" as a euphemism for "people with a disability" and a statement about transphobic comments being rooted in someone "not passing as a man or woman." The guide does not address disability, nor does it ask students to consider how abuse may manifest in relationships where one or both people have a disability. I would encourage teachers to explore that topic with students.

