

Comprehensive Sexual Health Education Instructional Materials Review 2022

Ask. Listen. Respect: A Video about Consent

Year Published/Revised: 2018

Publisher: Virginia Sexual and Domestic Violence Action Alliance

Website: <http://www.teachconsent.org/facilitators>

Full or Supplemental: Supplemental

Grade Level: Middle School and High School (grades 6-12)

Student Population: General

Duration/Number of Lessons: Video (1:12 min)

Format and Features: Video, Discussion guide. Closed captioning available.

Evidence-based/informed: Not indicated

National Standards Alignment: No

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
 - HIV/AIDS Prevention
 - Pregnancy Prevention
 - STD Prevention
 - Health Care and Prevention Resources
- Healthy Relationships (general)
 - Affirmative Consent
 - Bystander Training
 - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - The development of meaningful relationships and avoidance of exploitative relationships
 - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Accuracy

Reviewer 223

No medical/scientific concerns noted.

Reviewer 224

There were no medical or scientific inaccuracies in this resource. Facilitators can consider displaying more recent data on sexual violence, as the cited data is roughly 10 years old.

Supplemental

Reviewer 201

I like the analogies they used to talk about consent--I think most students would relate to them. I also appreciate the facilitator tips about how to talk to students who might need help.



Reviewer 205

Ask. Listen. Repeat is a short video that does a great job showing how there are so many different ways we ask for consent and the appropriate ways to do so. The instructor's guide was helpful in developing a broader conversation around consent and included helpful facilitator tips. This video would be a great tool to use when teaching about consent.

Reviewer 209

Short video on affirmative consent. Basic, comes with teacher guide that is comprehensive. Lots of good ideas for discussion on consent.

Reviewer 211

The short video is engaging and includes relevant, real-world examples of expressing consent and practicing refusal. Additionally, the facilitator guide includes useful information and activities. One issue noted within the facilitator guide was the utilization of "Personal Space Invaders" game. Given the acknowledgement earlier within the curriculum of students who may have experienced trauma, the creation of an activity wherein students invade each other's space by definition can place students into uncomfortable positions.

Reviewer 216

Ask. Listen. Respect. is a wonderful tool to add into any sexual health curriculum it showcases very direct and easy methods for asking for consent in a variety of contexts including sexual, kissing, (though the act is not shown on video.) The youth actors role playing the process of obtaining consent, or being rejected, is a helpful model for youth to see that they already ask for consent in everyday situations, and sexual consent (albeit sometimes awkward feeling to talk about) is no different. The facilitator guide helps expand the discussion and offers an activity (for in person classrooms) to be more inclusive of sexually and bodily diverse youth.

Reviewer 217

This video shows realistic scenarios of a young couple negotiating non-sexual and sexual activity. Couple is a heterosexual, black, able-bodied couple.

