

# *Comprehensive Sexual Health Education Instructional Materials Review*

## Healthy Communication (KCSARC)

**Year Published/Revised:** 2020

**Publisher:** King County Sexual Assault Resource Center

**Website:** <https://www.kcsarc.org/healthy-communication>

**Full or Supplemental:** Supplemental

**Grade Level:** Middle School & High School (6-12)

**Student Population:** General

**Duration/Number of Lessons:** One Video; 2:55 min.

**Format and Features:** One online video and companion resources; Relationships + Consent in Media Worksheet, Healthy Relationships Worksheet

**Evidence-based/informed:** Not indicated

**National Standards Alignment:** Not indicated

**Consistent with WA Health Education Standards?** Yes

**Consistent with Comprehensive Sexual Health Education Act?** Yes

**Consistent with AIDS Omnibus Act?** N/A

**Inclusive Materials/Strategies:** Yes

**Bias Free Materials:** Yes



## Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
  - HIV/AIDS Prevention
  - Pregnancy Prevention
  - STD Prevention
  - Health Care and Prevention Resources
- Healthy Relationships (general)
  - Affirmative Consent
  - Bystander Training
  - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
  - The development of meaningful relationships and avoidance of exploitative relationships
  - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

## Reviewer Comments:

### *Reviewer 112*

The information in this supplemental material curricula is appropriate and accurate, yet it is in the bare minimum form with not much to hold the interest of adolescent students.

### *Reviewer 106*

This could be a good supplemental material. I would not use the video alone, as the speaker is clearly reading (rather than just talking), which might be distracting to some students. The information is good, though. The companion resources seem to be age-appropriate for middle school. The media clip activity could turn into a whole class activity by compiling clips, showing them to students, and asking them to decide if the relationship is healthy, unhealthy, or somewhere in between.

### *Reviewer 109*

Simple, direct, clear. No guidance for teachers, but probably not needed.

### *Accuracy Analysis Reviewer 124*

No medical inaccuracies noted!





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