

Comprehensive Sexual Health Education Instructional Materials Review

Un|Hushed Elementary

Year Published/Revised: 2021

Publisher: Un|Hushed

Website: <https://v3.unhushed.org>

Full or Supplemental: Full

Grade Level: Elementary (K-5)

Student Population: General

Duration/Number of Lessons: 32 Lessons (most 30-50 min.)

Format and Features: Online modular curriculum with PPTs, online games, other teacher resources

Evidence-based/informed: Evidence-informed

National Standards Alignment: Not indicated

Consistent with WA Health Education Standards? Yes

Consistent with WA Comprehensive Sexual Health Education Law? Yes

Consistent with WA AIDS Omnibus Act? Yes

Inclusive Materials/Strategies: Yes

Bias Free Materials: Yes, with modifications



Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
 - HIV/AIDS Prevention
 - Pregnancy Prevention
 - STD Prevention
 - Health Care and Prevention Resources
- Healthy Relationships (general)
 - Affirmative Consent
 - Bystander Training
 - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - The development of meaningful relationships and avoidance of exploitative relationships
 - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Reviewer 105

Not all lessons, materials or handouts were available at time of review which results in many N/A ratings for these lessons.

The 4-5 curriculum is thorough, inclusive, and promising. Lesson formatting could be more user-friendly, but the content is on-point. Looking forward to seeing the rest of the lessons.

The K-2 lessons are still in development so not all materials were available at the time of review. The lessons themselves were promising and engaging and inclusive. The teacher materials include thorough dictionaries for various topics. The first young curricula I've seen that is inclusive of intersex children when discussing anatomy.

Reviewer 110

If I taught elementary, I would definitely use these materials. I especially like the lessons on families and consent. I also think the lessons on naming the body parts and children being in charge of their bodies help prevent sexual abuse and help give students who have been abused the vocabulary they need to report the abuse.

Reviewer 119

This curriculum is very well designed, and activities are experiential and allow for deeper understanding. Also, like the way each of the concepts incrementally build through the



development range of K-5. The one thing that concerns me is the lack of a presence of differences of gender, race, and culture. I think use of the image octopus works and it would work better if there was the inclusion of diversity that reflects the differences of color, culture, and gender.

Accuracy Analysis Reviewer 123

The organs coloring pages are odd and confusing. Recommend use of more accurate and contextual coloring pages.

Accuracy Analysis Reviewer 125

Change "doctor" to "health care provider" to be more inclusive of other professions that deliver sexual and reproductive health services like certified nurse-midwives, nurse practitioners, physician assistants, and naturopathic doctors. (e.g. p.7 #14 in 4th grade session 02)

