



Sexual Health Education Instructional Materials Review

Health: A Guide to Wellness

Year Published: 2003

Publisher: Glencoe/McGraw Hill

Website: <https://www.mheducation.com/prek-12/product/glencoe-health-guide-wellness-student-edition-mcgraw-hill/9780078238642.html>

Full or Supplemental: Full

Grade Level: 9-12

Student Population: General

Duration/Number of Lessons: 32 chapters/lessons

Format and Features: General health textbook

Evidence-based/informed: No

National Standards Alignment: No

Consistent with Healthy Youth Act? No

Consistent with AIDS Omnibus Act? No

Bias Free Materials: No

Primary Topical Areas (Check all that apply)

- | | |
|--|---|
| <input checked="" type="checkbox"/> Comprehensive Health | <input type="checkbox"/> HIV Prevention |
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Abstinence | <input type="checkbox"/> Online Safety |
| <input type="checkbox"/> Access to Services | <input type="checkbox"/> Pregnancy & Reproduction |
| <input type="checkbox"/> Anatomy and Physiology | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills |
| <input type="checkbox"/> Condom Use | <input type="checkbox"/> STD Prevention |
| <input type="checkbox"/> Consent | <input type="checkbox"/> Other |
| <input type="checkbox"/> Contraception | |
| <input type="checkbox"/> Healthy relationships | |

Reviewer Comments:

Reviewer 102: Grades 9-12

The overall content of the material provided is comprehensive in exploring health and sexual health concepts. However, the material is outdated and doesn't include relevant materials related to current media and technology experiences of students. The concepts taught are not culturally inclusive and do not teach to all forms of sexual orientation and gender identity. In addition, the teachings on STI/HIV prevention is heavily weighted in abstinence and does not provide a comprehensive analysis of all the different forms of contraceptive tools. The options provided for products and services related to public health are outdated and limited.

Reviewer 108: Grades 9-12

The Glencoe Health: A Guide to Wellness material is designed to be a comprehensive health curriculum for grades 9-12. This review included the 2003, Eighth Edition. While there are a wide variety of content items covered, the material is dated. There are some nice features included that touch on a number of content specific items. Specifically, examples like Health Skill Activities (pg. 488) which provides students with well-directed activities around "Resisting Peer Pressure" and "Setting Life Goals". Both include clear directions and student self-assessments. While there are a number of such activities and online opportunities for students, I found several links that were non-functional. The most glaring concerns with this material are the lack of quality teacher supports and the lack of support for anything other than abstinence. Other than the student activities found throughout the book there is a glaring lack of assessments, alignment to standards addressed, learning targets identified for lessons, and quality online materials. The materials on sexual health and sexual behavior is presented in a very one-sided approach. The use of fear and at times misinformation around STDs and sexual relationships for young people seems very out of balance. Not a well-balanced or current set of materials.

Reviewer 109: Grades 9-12

The first thing to know about this curriculum is that it is from 2003. This makes many topics outdated and in need of supplemental information. My review is based on the fact I taught from the middle school version of Glencoe for many years. Their teacher editions and extra materials were very helpful. Sadly, many of those materials are not up to date anymore and therefore not as helpful as they once were. The health education field is constantly changing, and a 2003 textbook can't keep up. While the book was well done at the time, it is no longer the valuable teaching tool it once was. If you have a set of these books in your school, you could certainly use them for certain topics. However, be prepared to have to supplement with more up-to-date materials.

Reviewer 116: Grades 9-12

This is a quantity over quality product. Considering the images and some key content it is clearly outdated. Vital components of sexual health information and skill building are simply missing. Some information is incorrect. Many youth will not see themselves or their lived experience within this curriculum. Though the learning objectives are often laid out clearly, there are too few learning styles employed to actually be engaging for students. Resources are limited, focused to Glencoe Health and recognized youth friendly organizations are missed. I believe students deserve a more relevant and higher quality product.

Reviewer 117: Grades 9-12

The Glencoe Health: A Guide to Wellness, sexual health curriculum is outdated and utilizes ineffective scare tactics as teaching methods creating shame and stigma regarding one's own sexual health. This is an abstinence only curriculum with no mention of gender identity, sexual orientation, or birth control methods other than abstinence. Information on HIV/STIs is written in too much detail in some areas while falling short in others. Some HIV/STI information is outdated and medically inaccurate, or incomplete, in regard to transmission and disease progression. Use of this curriculum would be a disservice to students and staff.

Accuracy Analysis Reviewer 101

This curriculum was published in 2003 and offers many instances where information is out of date and statistics do not match current trends. With medical and scientific advances, we now have statements that combat much of what is stated within the textbook. In my opinion, this book should not be used, since much of the information would have to be changed and/or updated to be accurate. Educators would be better off finding another textbook to use in place of Health: A Guide to Wellness.