

# *Comprehensive Sexual Health Education Instructional Materials Review 2022*

## Healthy LGBTQIA

**Year Published/Revised:** 2020

**Publisher:** One Love

**Website:** <https://www.joinonelove.org/>

**Full or Supplemental:** Supplemental

**Grade Level:** Middle School and High School (grades 7-12)

**Student Population:** General

**Duration/Number of Lessons:** Video (3:33 minutes), 6 lessons/discussion points.

**Format and Features:** Video, Facilitation tool kit, Parent handout/discussion.

**Available in Multiple Languages:** Video has Spanish closed captions.

**Evidence-based/informed:** Not indicated

**National Standards Alignment:** Not indicated

**Consistent with WA Health Education Standards?** Yes

**Consistent with Comprehensive Sexual Health Education Law?** Yes

**Consistent with AIDS Omnibus Act?** N/A

**Inclusive Materials/Strategies:** Yes

**Bias-Free Materials:** Yes



## Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
  - HIV/AIDS Prevention
  - Pregnancy Prevention
  - STD Prevention
  - Health Care and Prevention Resources
- Healthy Relationships (general)
  - Affirmative Consent
  - Bystander Training
  - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
  - The development of meaningful relationships and avoidance of exploitative relationships
  - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

## Reviewer Comments:

### Accuracy

*Reviewer 223*

No medical/scientific concerns noted.

*Reviewer 224*

This resource does not contain any medically or scientifically inaccurate information. Definitions of terms are correct and the source for these definitions is provided. They provide citation for statistics from credible sources. Some general statements such as the importance/prevalence of online platforms (15) for dating are not incorrect and are general enough to not need citation, but the claims would be strengthened with citations.

### Supplemental

*Reviewer 205*

This material could be a good resource to use when talking about healthy relationships. The supporting materials provide helpful conversation starters and would be useful when talking to



any student, however, the supporting materials assist in discussing this topic with LGBTQIA+ students. Supporting materials focus on validating the experience of the student and support healthy conversations.

*Reviewer 206*

Very inclusive activities to help students understand identities, relationships, and healthy communication.

*Reviewer 214*

Definitely liked this material! I especially like the packet with parent information. I feel that some parents panic when their child comes out and gets lost in the fact that their child isn't maybe what they had pictured, instead of just seeing them as a human who will have relationships just like anyone else. I thought the parent guide offered parents a chance to take a breath. I think the information presented is wonderful!

*Reviewer 219*

The video was short, clear, and affirming. It used inclusive language and was age appropriate. It did not, however, mention any cultural or external influences that go into relationships and did not offer any other resources aside from the One Love website.

*Reviewer 220*

The curriculum gives multiple teaching options (small group vs large group, online vs in-person, etc.) to suit your situation. Different types of discussion activities are given as well (silent chalk talk, open group discussion, spectrum, sticky note ideas, etc.) The curriculum makes genuine attempts at remaining bias-free (example: "it is important not to demonize hookup culture; for many queer people it is an important part of life!"). The curriculum covers a wide range of content, including self-love, online dating, dealing with microaggressions, navigating abusive relationships, etc. The discussions seem like they are actually intended to be dominated by the learners, rather than the facilitator(s) (yay!), and they are based on the lived experiences of the participants. The typical One Love "Signs of Un/Healthy Relationships" handout has been specifically tailored to LGBTQ relationships. Curriculum includes a parent guide for positive family engagement with their children. (This guide is helpful for prevention and reparations but does seem separate from the rest of the curriculum.)

The curriculum centers queer voices, with allies welcome; this would not be appropriate for communities/spaces that are less welcoming of LGTBQ people. The emphasis is on LGBTQ culture, and while it doesn't necessarily treat the community as a monolith, it doesn't spend much time exploring how other intersecting identities may play important roles in participants' lives, like race, ethnicity, or ability (although it does say if you want to take the conversation in a different direction, that you are welcome to). The curriculum is based on discussion and student-



produced text; there are no visuals included, which may be difficult for students who are less engaged or for EL students.

*Reviewer 222*

These lessons do an excellent job of helping youth explore topics and practice skills around navigating relationships, consent, and interpersonal communication. The lessons center student voice and address the concerns and realities of LGBTQIA+ teens and young adults. The middle school specific lessons focus on consent, self-love, and communication in age-appropriate ways, and do not include explicit discussion of sexual activities. One thing to note is that students may be unfamiliar with some terms used in lessons, so facilitating a conversation about terminology may be helpful. One lesson is for "high school or older" - so I am not including those lesson's content in this review for middle school aged youth.

The parent materials give clear, concrete guidance about how parents and guardians can support their LGBTQIA+ child, how to repair a damaged relationship, and how to talk about dating and relationship safety. There are many specific examples and sentence starters that a parent / guardian could use for initiating a conversation about identity, co-creating a supportive parent/child relationship, teen dating, and dating violence.

