



# Sexual Health Education Instructional Materials Review

## Native Voices

Year Published: 2015

Publisher: Healthy Native Youth

Website: <https://www.healthynativeyouth.org/curricula/native-voices-2/>

Full or Supplemental: Supplemental

Grade Level: Ages 15-24

Student Population: American Indian Teens

Duration/Number of Lessons: 23-minute video (DVD or online), several flexible options for viewing and taking discussion based on portions of video

Format and Features: Video with discussion materials

Evidence-based/informed: Yes (evidence-informed)

National Standards Alignment: No

Consistent with Healthy Youth Act? Yes

Consistent with AIDS Omnibus Act? Yes

Bias Free Materials: Yes (with minor exceptions)

### Primary Topical Areas (Check all that apply)

- |  |   |
|--|---|
| <input type="checkbox"/> Abortion                      | <input type="checkbox"/> Identity/Orientation           |
| <input type="checkbox"/> Abstinence                    | <input type="checkbox"/> Online Safety                  |
| <input type="checkbox"/> Access to Services            | <input type="checkbox"/> Pregnancy & Reproduction       |
| <input type="checkbox"/> Anatomy and Physiology        | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills                 |
| <input checked="" type="checkbox"/> Condom Use         | <input checked="" type="checkbox"/> STD Prevention      |
| <input type="checkbox"/> Consent                       | <input type="checkbox"/> Other                          |
| <input type="checkbox"/> Contraception                 |   |
| <input type="checkbox"/> Healthy relationships         |   |
| <input type="checkbox"/> HIV Prevention                |   |

## Reviewer Comments:

### *Reviewer 113: Grades 9-12*

Addresses the issues of "visibility" of individuals in tribal communities and small towns where personal privacy may easily be compromised. Adapted from two evidence-based interventions. CDC Fact Sheet identifies and addresses misconceptions. "Embrace the awkward"--excellent encouragement of communication about important sexual health issues in personal interactions and relationships. Free! No-cost curriculum. Definitely something students (not just Native students) would relate to.

### *Reviewer 111: Grades 9-12*

I teach Sex Ed to high school students. Finding decent videos is hard. Not because of inaccurate info but because the way it is presented can be so contrived and cheesy that students collectively roll their eyes and really don't listen. That would be the case with this video. I found the information accurate and age appropriate, but I would rather share the information with my classes without the video. The plus side is the obvious Native American representation. A+ with that. There is a gay male presented 3/4 of the way through and he comes across as a total cliché. The gay male stereotype is strong and distracting as a result. The conversations with the teenagers and adults in their life come across as way too easy and perfect. It comes across as "role play" rather than authentic interaction. I don't think showing this video would do any damage other than to class management. Students would see right through to the lack of authenticity.

### *Reviewer 117: Grades 9-12*

This video series provides an informative dialog about real-world decisions and consequences related to unprotected sex. Some of the stories in the video verge on scare tactics but ultimately this is a useful tool to supplement classrooms with Native focused content.

### *Reviewer 107: Grades 9-12*

Native Voices includes video that is available on YouTube as well as a 32-page PDF of supportive materials. This resource addresses STI prevention, communication, and testing for STI's. The video is well made, and the support materials are easy to use. I will definitely be using this resource in my high school health classroom.

### *Reviewer 106: Grades 9-12*

This series is engaging and surprisingly comprehensive given its length and format. The majority of the cast are indigenous people of color and it would be a good way to bring in normalizing representation to lessons. The story-based format is effective, they broach subjects that are difficult, and it feels grounded in what actual life experience feels like.

### *Accuracy Analysis Reviewer 101*

This video series discusses how to do condom negotiation and other strategies to avoid STDs, but also provides the storyline on what to do when you have an STD. It is geared toward students in the high school range, and discusses gonorrhea, chlamydia, and even HIV. There is an instance where AIDS is used - as in, "you could even get AIDS" which is not medically accurate, but I didn't say that it needed to be changed since that's how people in the real world talk. I would caution the instructor, however, to maybe pause the video during this point and discuss that people do not "get AIDS." They are diagnosed with HIV, and if the HIV goes untreated, it can develop into AIDS. Not everyone with HIV has AIDS, but

everyone with AIDS has HIV. That said, this is an incredible resource that talks about native health, sexual health, and they even have a resource where youth can write in and "ask Auntie" about sexual health questions. Lovely curricula for a Native school, or even a school that would want to use this as a multi-cultural resource in non-Native environments.