



# Sexual Health Education Instructional Materials Review

## One Love

Year Published: 2018

Publisher: One Love

Website: <https://www.joinonelove.org/act/one-love-workshops/>

Full or Supplemental: supplemental

Grade Level: MS and HS

Student Population: General

Duration/Number of Lessons: 10 short films

Format and Features: Film-based workshops

Evidence-based/informed: Not available

National Standards Alignment: No

Consistent with Healthy Youth Act? Yes

Consistent with AIDS Omnibus Act? N/A

Bias Free Materials: Yes (with minor exceptions)

### Primary Topical Areas (Check all that apply)

- |   |   |
|---|---|
| <input type="checkbox"/> Abortion                         | <input type="checkbox"/> Identity/Orientation           |
| <input type="checkbox"/> Abstinence                       | <input type="checkbox"/> Online Safety                  |
| <input type="checkbox"/> Access to Services               | <input type="checkbox"/> Pregnancy & Reproduction       |
| <input type="checkbox"/> Anatomy and Physiology           | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making    | <input type="checkbox"/> Refusal Skills                 |
| <input type="checkbox"/> Condom Use                       | <input type="checkbox"/> STD Prevention                 |
| <input type="checkbox"/> Consent                          | <input type="checkbox"/> Other                          |
| <input type="checkbox"/> Contraception                    |   |
| <input checked="" type="checkbox"/> Healthy relationships |   |
| <input type="checkbox"/> HIV Prevention                   |   |

## Reviewer Comments:

### *Reviewer 105: Grades 9-12*

This material is excellent for teaching about healthy and unhealthy relationships. It addresses how people's lives and relationships are perceived on social media, which is a relatively new concept that many materials don't discuss. The videos and discussion questions go through all of the signs of abuse and give examples of each. The videos are engaging and of high quality.

### *Reviewer 116: Grades 9-12*

One Love's short films; 'Because I Love You', 'Behind the Post,' and 'Love Labyrinth' and their accompanying discussion guides would make excellent additions to any unit on healthy/unhealthy relationships for 9th - 12th grades. The instructional teacher supports are clear and easy to use. Teachers and students may appreciate the trigger warnings as some content is intense and related to potential violence. The videos are modern, weaving in social media themes and platforms, and attempt (successfully) to be inclusive regarding race, gender, and sexual orientation. Still, teachers will need to be deliberate in how the films are set up and discussed, as most content is heteronormative. Discussion guides build directly from video content and together make a solid teaching tool.

### *Reviewer 109: Grades 9-12*

I feel like the videos are college age appropriate, not the 9-12 intended target. Many of the videos show what appears to be couples who live together. This would not be typical for high school aged kids. The topics covered are good and the discussion guide offers some valuable information. I think a teacher would need to pick and choose what segments they showed, depending on the age level of their audience.

### *Reviewer 108: Grades 9-12*

A rich supplemental material but very focused on a single area of healthy relationships. The blend of written discussion guides paired with video content provides for a wealth of materials that can be used for classroom teachers in a variety of content areas who are looking for healthy relationship supports. The written content has items for parents, groups, questions to consider, and a wealth of resources for users. The materials reach across grades 6-12 and even into post high school work.

### *Reviewer 105: Grades 6-8*

This is an excellent resource if you want to go into more depth about healthy and unhealthy relationships. This curriculum has a lot of great ideas for student participation. It allows students to practice the skills they are being taught. The curriculum also brings up some very important issues like setting boundaries, consent, and how to identify a healthy and an unhealthy relationship.

### *Reviewer 116: Grades 6-8*

One Love 'couplets' for grades 6-8 would make an excellent addition to any unit on healthy relationships. The instructional teacher support is clear and easy to use. The video segments are purposefully short, inclusive, very engaging, and likely to lead to positive class discussions for all students.

*Reviewer 109: Grades 6-8*

I think this covers topics that are often overlooked, and this format allows them to be taught easily. The clips are quick and simple but get the point across. The discussion guide was decent, but every lesson was very similar. Similarity can be good but can also get boring for kids.

*Reviewer 108: Grades 6-8*

A rich supplemental material but very focused on a single area of healthy relationships. The blend of written discussion guides paired with video content provides for a wealth of materials that can be used for classroom teachers in a variety of content areas who are looking for healthy relationship supports. The written content has items for parents, groups, questions to consider, and a wealth of resources for users. The materials reach across grades 6-12 and even into post high school work.

*Accuracy Analysis Reviewer 101*

This is a great supplemental resource to discuss relationships and what makes a healthy and unhealthy relationship. Additional resources would be required to make this a complete curriculum, but it's great as supplemental information.