



# Sexual Health Education Instructional Materials Review

## Understanding HIV

Year Published: 2016

Publisher: SunBreaks Communications

Website: [www.RedefinePositive.com](http://www.RedefinePositive.com)

Full or Supplemental: Supplemental

Grade Level: Middle School - Grade 6

Student Population: General

Duration/Number of Lessons: One twenty-two minute video

Format and Features: Online, free video with a discussion guide. Designed to be used with 6<sup>th</sup> grade KNOW curriculum.

National Standards Alignment: No

Evidence-based/informed: evidence-informed

Consistent with the Healthy Youth Act? Yes

Consistent with AIDS Omnibus Act? Yes (with use of discussion guide)

Bias-Free Materials: Yes

### Primary Topical Areas (Check all that apply)

- |   |   |
|---|---|
| <input type="checkbox"/> Abortion                                 | <input checked="" type="checkbox"/> HIV Prevention      |
| <input checked="" type="checkbox"/> Abstinence                    | <input type="checkbox"/> Identity/Orientation           |
| <input type="checkbox"/> Access to Services                       | <input type="checkbox"/> Online Safety                  |
| <input type="checkbox"/> Anatomy and Physiology                   | <input type="checkbox"/> Pregnancy & Reproduction       |
| <input checked="" type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Puberty/Adolescent Development |
| <input checked="" type="checkbox"/> Condom Use                    | <input checked="" type="checkbox"/> Refusal Skills      |
| <input type="checkbox"/> Consent                                  | <input type="checkbox"/> STD Prevention                 |
| <input type="checkbox"/> Contraception                            | <input type="checkbox"/> Other                          |
| <input type="checkbox"/> Healthy relationships                    |   |

### Reviewer Comments:

#### Reviewer 10

Overall, this is an age appropriate video that is well suited for 6th graders to talk about HIV. It should be used together with the teacher's lesson plan guide for discussion. And it should be used with other lessons for a comprehensive sexual health curriculum. There are some errors and cultural issues that should be addressed like: It is now believed that HIV was in the USA long before 1981 - there was no "patient zero" who brought it in. Falsely it mentions "only homosexual men" had HIV in the beginning, when Haitians of all orientations were infected with HIV early on as well. Angel and devil icons may be less clear to kids from non-Christian faiths. Other icons / analogies may also not make sense like equating a white blood cell with a Viking or showing viruses as octopi or monsters or ghosts; these are also medically inaccurate comparisons. Couples icons shown only include boy/girl couples. It does not include rectal fluid as one that transmits HIV - add per CDC.

#### Reviewer 11

This is an excellent and effective alternative to in-class instruction and activities, especially if the teacher is uncomfortable with the topic. There is good use of humor and graphics to provide emphasis and clarity of key concepts, vocabulary, and definitions.

#### Reviewer 12

The video needed more information/content on condoms and the proper use of them to help stop the spread of HIV. Just a brief mention seems inadequate; although such discussion may be too advanced for 6th grade. More discussion of abstinence would be best at a 6th grade level.

#### Reviewer 14

Needs to be used with teacher's guide to be completely accurate

#### Reviewer 15

Tips/guidance is targeted at folks who are the victims, and there it lacks messaging on how not to pressure others or put others in high-risk situations.

#### Reviewer 16

Developmentally appropriate for 6, 7, 8 and 9th grade levels.

#### Reviewer 17

Material/information and teacher materials seem mostly updated and accurate. The delivery of the video (ex. use of emoticons) could quickly become dated and distracting and the video can feel "old" quickly.

#### Reviewer 18

The video is broken up to provide an opportunity for student interaction which is good for this age group - Not just 30 min if continuous video Good, well-presented factual information Good use of real-life examples As a curriculum person in a district this is a nice stand-alone

supplemental item that provides excellent support for some of our teachers who may not have the background to do this work well.

#### Reviewer 19

Cons: Can live a long and "normal life;" emojis in relationships were male+female only; Pros: Talks about medicine to treat AND prevent HIV; 4 fluids called out; People who shared their stories were very effective. Kids could connect to them easily. Tips for saying "no" are called out and good. They said clearly: "You have the right to say no" and brought up that if a child was forced into sex it's not their fault. I highly recommend this video, with the caveat of "normal" isn't a word we use to describe people's lives.

#### Reviewer 20

The video only mentions blood HIV testing. There is also testing with a cheek swab.

#### Reviewer 21

I would like to see a debrief question that defines stigma. An example is given in the video being like a stain but I think defining stigma is important. Overall, I thought this was a good/interactive video I could see being used in many classrooms. I appreciated its gender-neutral basis, but would not say it was inclusive. Worried about it being outdated quickly.

#### Reviewer 23

The video attempts to be current to social media with its use of emojis, as well as clearly explaining how HIV is transmitted and how to prevent infection. The video has a slick, produced look that will keep some tween-students entertained. Video should not be employed solely, however comes with additional teacher resources to support student learning.

#### Reviewer 24

-In conjunction with very clear and complete teacher's guide, provides space for all students. Supplemental discussion guide gives teachers resources to assist with difficult content.-Video audience (6th graders) were addressed and targeted with fun graph.